



**PROVISIONAL TIME TABLE BASED ON 500 ATHLETES**  
**2019 EUROPEAN MASTERS WEIGHTLIFTING**  
**WEIGHTLIFTING CHAMPIONSHIP**  
**ROVANIEMI - FINLAND**  
**12 - 19 JUNE 2019**



**Technical Meeting TUESDAY, 11 JUNE 2019 18:00**

	Weigh-in	Start Time	Age Group	Body Wght. Category	Session
<b>WEDNESDAY</b>					
<b>12-06-19</b>	0730	0930	M80	ALL	1
↓	0930	1130	M75	ALL	2
↓	<b>OPENING CEREMONY TIME TO BE ANNOUNCED</b>				
↓	1415	1615	W70,65,60	ALL	3
↓	1630	1830	M70	55, 61,67,73 kg	4
<b>THURSDAY</b>					
<b>13-06-19</b>	0700	0900	M70	81, 89 ,96, 102, 109, 109+ kg	5
↓	0930	1130	M65	55, 61,67 kg	6
↓	1115	1315	M65	73, 81, 89 kg	7
↓	1330	1530	M65	96, 102, 109, 109+ kg	8
↓	1545	1745	M60	55, 61,67,73 kg	9
<b>FRIDAY</b>					
<b>14-06-19</b>	0600	0800	M60	81, 89 ,96, 102, 109, 109+ kg	10
↓	0845	1045	W55	ALL	11
↓	1045	1245	M55	55, 61,67,73 kg	12
↓	1345	1545	M55	81, 89 kg	13
↓	1545	1745	M55	96, 102, 109, 109+ kg	14
↓	1800	2000	W50	45, 49, 55, 59, 64 kg	15
<b>SATURDAY</b>					
<b>15-06-19</b>	0630	0830	W50	71, 76, 81, 87, 87+ kg	16
↓	0830	1030	M50	55, 61,67 kg	17
↓	1000	1200	M50	73, 81 kg	18
↓	1230	1430	M50	89 - 96 kg	19
↓	1445	1645	M50	102, 109, 109+ kg	20
↓	1700	1900	W45	45, 49, 55, 59, 64 kg	21
<b>SATURDAY 19:00 CONGRESS OF NATIONS - LOCATION ??</b>					
<b>SUNDAY</b>					
<b>16-06-19</b>	0700	0900	M45	55, 61,67 kg	22
↓	0900	1100	M45	73, 81, 89 kg	23
↓	1145	1345	W45	71, 76, 81, 87, 87+ kg	24
↓	1430	1630	M45	96, 102 kg	25
<b>MONDAY</b>					
<b>17-06-19</b>	0630	0830	M45	109, 109+ kg	26
↓	0930	1130	M40	55, 61,67,73 kg	27
↓	1130	1330	M40	81, 89, 96 kg	28
↓	1515	1715	W40	45, 49, 55, 59, 64 kg	29
<b>TUESDAY</b>					
<b>18-06-19</b>	0600	0800	M40	102, 109, 109+ kg	30
↓	0845	1045	W40	71, 76, 81, 87, 87+ kg	31
↓	1145	1345	W35	45, 49, 55, 59, kg	33
↓	1430	1630	M35	55, 61,67,73 kg	34
↓	1745	1945	W35	64 kg	35
<b>WEDNESDAY</b>					
<b>19-06-19</b>	0630	0830	M35	81, 89 kg	36
↓	945	1145	W35	71, 76 kg	37
↓	1145	1345	M35	96, 102, 109, 109+ kg	38
↓	1500	1700	W35	81, 87, 87+ kg	39
<b>CLOSING BANQUET TIME AND LOCATION TO BE ANNOUNCED</b>					

**NOTIFICATION TO READ FOR EVERY ATHLETE:** THE FINAL COMPETITION SCHEDULE CAN ONLY BE PRODUCED AFTER THE CLOSING DATE OF ENTRIES, 30 April 2019. THE EUROPEAN MASTERS COMMITTEE RESERVES THE RIGHT TO ALLOW SESSIONS TO SHIFT IN PREVIOUS OR LATER DATES IF AGE GROUPS LIKE THE M/W35,40,45,50 WILL BE OVERLOADED. PLEASE THEREFORE CALCULATE AT LEAST 1 DAY OF COMPETITION OF YOUR SESSION BEFORE AND 1 DAY OF COMPETITION AFTER . THE COMMITTEE CANNOT MAKE ANY CHANGES TO PLEASE ALL MASTERS ATHLETES OR WHOEVER BOOKED FLIGHTS AND ACCOMMODATION.  
 THE ABOVE SCHEDULE IS BASED ON THE 2018 EUROPEAN MASTERS COMPETITION TIME TABLE USED IN BUDAPEST.